

Cherry Coconut Cacao Smoothie Bowl

Servings: 1

Total Time: 5 minutes

Ingredients

- 1 cup peeled frozen banana chunks
- 1 cup cherries, pitted OR frozen
- 2 tablespoons raw cacao nibs
- 3 tablespoons hemp seeds
- 2/3 cup coconut water OR almond milk
- splash of vanilla extract
- pinch sea salt
- 4 ice cubes - optional for a thicker smoothie

for the garnish-

- 1 tablespoon cacao nibs
- 1 tablespoon unsweetened coconut chips
- 2 tablespoons almonds
- several fresh cherries

Method

Place all ingredients in a high-speed blender and blend until smooth. Pour into your favorite bowl and top with garnishes. Serve and enjoy!